

AirStart[™]10 APAP

CPAP



Contents

Welcome	
Indications for use	1
AirStart 10 APAP	
AirStart 10 CPAP	1
Contraindications	1
Adverse effects	
At a glance	2
About the control panel	3
Therapy information	4
APAP mode	4
Normal airway	4
Flow limitation	4
Snore	5
Obstructive apnoea	5
CPAP mode	5
Comfort features	5
Ramp	5
Expiratory Pressure Relief	6
Humidity Level	6
Setup	
Supplemental oxygen	8
Antibacterial filters	
Accessing and exiting the Clinical Menu	
Adjusting the clinical settings	
Setting the date and time	
Settings menu	11
Therapy	
Comfort	
Accessories	
Options	12
Configuration	
Starting therapy	13
Stopping therapy	
Viewing the Sleep Report	13
Sleep Report screen parameters	
Cleaning and Maintenance	
Disassembling	15
Cleaning	
Checking	
Reassembling	
Reprocessing	
Surface disinfection	
Reprocessing the air tubing and Air10 tubing elbow	
Disconnecting	
Decontaminating	
Disinfecting	
Inspecting	19
Reconnecting the air tubing	
Packaging and storage	20

Reprocessing the humidifier and air outlet	20
Disassembling	20
Decontaminating	21
Disinfecting	21
Inspecting	22
Packaging and storage	
Reassembling	
Data management and therapy compliance	25
SD card	
Managing patient care	
Patient menu	
Travelling	26
Travelling by plane	
Troubleshooting	
General troubleshooting	27
Device messages	
General warnings and cautions	
Technical specifications	31
Symbols	
Servicing	35
Limited warranty	

Welcome

The AirStart™ 10 APAP and AirStart 10 CPAP are ResMed's Automatic Positive Airway Pressure (APAP) and Continuous Positive Airway Pressure (CPAP) devices.

⚠ WARNING

- · Read this entire guide before using the device.
- Use the device according to the intended use provided in this guide.
- The advice provided by your prescribing doctor should be followed ahead of the information provided in this guide.

Indications for use

AirStart 10 APAP

The AirStart 10 APAP self-adjusting device is indicated for the treatment of obstructive sleep apnoea (OSA) in patients weighing more than 30 kg. It is intended for home and hospital use.

The humidifier is intended for single patient use in the home environment and re-use in a hospital/institutional environment.

AirStart 10 CPAP

The AirStart 10 CPAP device is indicated for the treatment of obstructive sleep apnoea (OSA) in patients weighing more than 30 kg. It is intended for home and hospital use.

The humidifier is intended for single patient use in the home environment and re-use in a hospital/institutional environment.

Contraindications

Positive airway pressure therapy may be contraindicated in some patients with the following pre-existing conditions:

- severe bullous lung disease
- pneumothorax
- pathologically low blood pressure
- dehvdration
- · cerebrospinal fluid leak, recent cranial surgery, or trauma.

Adverse effects

Patients should report unusual chest pain, severe headache, or increased breathlessness to their prescribing physician. An acute upper respiratory tract infection may require temporary discontinuation of treatment.

The following side effects may arise during the course of therapy with the device:

- · drying of the nose, mouth, or throat
- nosebleed
- bloating
- · ear or sinus discomfort
- · eye irritation
- · skin rashes.

At a glance

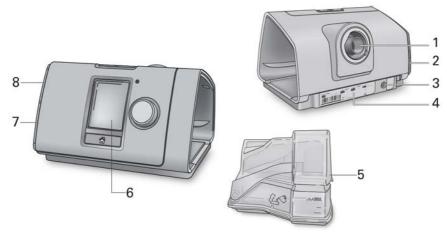
The AirStart 10 can include the following:

- Device
- HumidAir™ humidifier (if supplied)
- · Air tubing
- Standard filter (already inserted)
- Power supply unit
- Travel bag
- SD card (already inserted).

Contact your care provider for a range of accessories available for use with the device including:

- Air tubing: SlimLine[™], Standard
- Humidifier: Cleanable humidifier (for multi-patient use, can be disinfected)
- Side cover (for use without humidifier)
- Filter: Hypoallergenic filter, standard filter
- Air10[™] DC/DC converter
- SD card reader
- Air10 USB adapter.
- · Air10 tubing elbow

Note: Make sure all parts and accessories used with the device are compatible. For compatibility information, refer to www.resmed.com.



- 1 Air outlet
- 2 Air filter cover
- 3 Power inlet
- 4 Serial number and device number
- 5 HumidAir humidifier
- 6 Screen
- 7 Adapter cover
- 8 SD card cover

About the control panel

Start/Stop button

Dial

Home button

Press to start/stop therapy.

Press and hold for three seconds to enter power save mode.

Turn to navigate the menu and press to select an option. Turn to adjust a selected option and press to save your change.

Press to return to the Home screen.

Different icons may be displayed on the screen at different times including:



Ramp Time



Humidity



Humidifier warming



Humidifier cooling

Therapy information

The following modes are available on the AirStart 10 device:

Device	Modes available		
	APAP	CPAP	
AirStart 10 APAP	✓	✓	
AirStart 10 CPAP		✓	

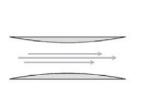
APAP mode

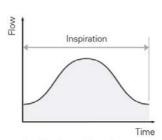
The treatment pressure required by the patient may vary due to changes in sleep state, body position and airway resistance.

In APAP mode, the device analyses the state of the patient's upper airway on a breath-by-breath basis and delivers pressure in order to maintain upper airway patency. When an apnoea is detected, the pressure will not rise above 10 cm H_2O to prevent inappropriate responses to central apnoeas. The device does not differentiate between different types of apnoeas.

Normal airway

When the patient is breathing normally, the inspiratory flow measured by the device as a function of time shows a typically rounded curve for each breath.



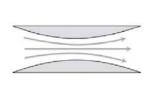


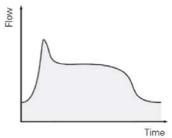
Open unrestricted airway

Unrestricted inspiratory flow-time curve (rounded)

Flow limitation

As the upper airway begins to collapse, the shape of the inspiratory flow-time curve changes.



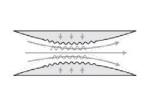


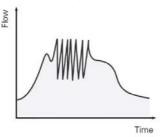
Silent partial airway obstruction

Flattened inspiratory flow-time curve (denoting partial obstruction)

Snore

Snoring is sound generated by vibrations of the walls of the upper airway. It is often preceded by flow limitation or a partial obstruction of the airway.





Noisy partial airway obstruction

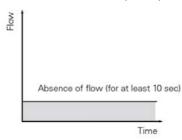
Snore superimposed on inspiratory flow-time curve

Obstructive apnoea

An obstructive apnoea is when the upper airway becomes severely limited or completely obstructed

APAP generally prevents obstructive apnoeas from occurring by responding to flow limitation and snoring. If an obstructive apnoea occurs, the device will respond by increasing therapy pressure.





Complete airway obstruction

Inspiratory flow-time curve

CPAP mode

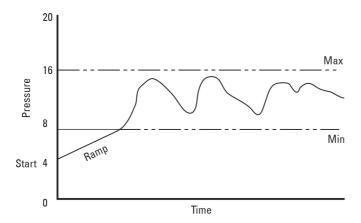
In CPAP mode, a fixed pressure is delivered—with optional Expiratory Pressure Relief (EPR™).

Comfort features

Ramp

Designed to make the beginning of treatment more comfortable, ramp is available in all modes.

In APAP mode, ramp time is the period during which the pressure gradually increases from a lower more comfortable start pressure to the minimum treatment pressure before the auto-adjusting algorithm commences.



In CPAP mode, the pressure increases from a low pressure (Start Pressure) to the prescribed treatment pressure.

Ramp Time can be set to Off, or between 5 to 45 minutes. During Ramp, the device will gradually increase from the start pressure to the minimum treatment pressure at a rate of 1 cm H_2O (1 hPa) per minute.

Expiratory Pressure Relief

Designed to make therapy more comfortable, Expiratory Pressure Relief (EPR) maintains optimal treatment for the patient during inhalation and reduces the delivered mask pressure during exhalation.

FPR On—FPR is enabled

Off-EPR is disabled.

The following settings are only available if EPR is On:

EPR Type Full Time—If set to Full Time, EPR is enabled for the whole therapy session.

Ramp Only—If set to Ramp Only, EPR is only enabled during ramp time.

EPR Level 1, 2, 3 cm H₂O (1, 2, 3 hPa)

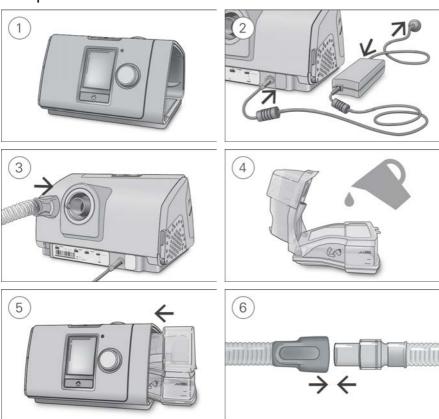
When EPR is enabled, the delivered pressure will not drop below a minimum pressure of 4 cm H_2O (4 hPa), regardless of the settings.

Humidity Level

The humidifier moistens the air and is designed to make therapy more comfortable. If the patient is getting a dry nose or mouth, turn up the humidity. If the patient is getting moisture in their mask, turn down the humidity.

The Humidity Level can be set to Off or between 1 and 8, where 1 is the lowest humidity setting and 8 is the highest humidity setting.

Setup



⚠ CAUTION

Do not overfill the humidifier as water may enter the device and air tubing.

- 1. Place the device on a stable level surface.
- 2. Plug the power connector into the rear of the device. Connect one end of the power cord into the power supply unit and the other end into the power outlet.
- 3. Connect the air tubing firmly to the air outlet located on the rear of the device.
- Open the humidifier and fill it with water up to the maximum water level mark.Do not fill the humidifier with hot water.
- 5. Close the humidifier and insert it into the side of the device.
- 6. Connect the free end of the air tubing firmly onto the assembled mask. See the mask user guide for detailed information.

Recommended masks are available on www.resmed.com.

Supplemental oxygen

The AirStart 10 device is designed to be compatible with up to 4 L/min of supplemental oxygen in all modes.

At a fixed rate of supplemental oxygen flow, the inhaled oxygen concentration will vary depending on the pressure settings, patient breathing pattern, mask selection and the leak rate.

To connect supplemental oxygen to the device you need to connect an oxygen connector port. For more information on how to set up the device with supplemental oxygen, refer to the user guide supplied with that accessory.

Note:

- Before adding oxygen, familiarise yourself and your patient with the specific warnings relating to the use of supplemental oxygen. These can be found at the end of this guide.
- Adding oxygen may affect the delivered pressure and the accuracy of the displayed leak and minute ventilation.

Antibacterial filters

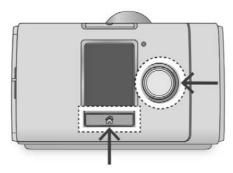
Antibacterial filters increase resistance in the air circuit and may affect accuracy of displayed and delivered pressure, particularly at high flows.

ResMed recommends using an antibacterial filter with a low impedance [eg, $2 \text{ cm H}_2\text{O}$ (2 hPa) at 60 L/min], such as PALL (BB50T), Filter without Luer Port (4222/702) or the Filter with Side Port 24966 (4222/701). If using the Filter with Side Port, an Oxygen Connector Port is required.

Accessing and exiting the Clinical Menu

You can access, view and set parameters relating to a patient's therapy and device configuration in the Clinical Menu.

To access the Clinical Menu:



To exit the Clinical Menu:

- Press and hold the dial and the Home button for three seconds.
- Select Exit Clinical Menu from the Home screen.

The device will automatically exit the Clinical Menu after 20 minutes of inactivity.

Adjusting the clinical settings







- Access the Clinical Menu, highlight Settings and press the dial. The Settings menu is displayed.
- 2. Turn the dial to highlight the setting you want to adjust and then press the dial.
- 3. Turn the dial to adjust the setting and press the dial to save the change.

Setting the date and time

Before you set up a new patient and start therapy for the first time, make sure you set the correct local date and time on the device. If you set the date and time after starting therapy, you may lose patient data.







- 1. In Settings menu, select Date and change the setting to the correct date.
- 2. Select **Time** and change it to the correct local time.
- 3. Make sure the correct local time and date has been applied.

The AirStart 10 settings must be configured for each individual patient. The settings should be periodically reassessed to ensure optimal therapy.

Settings menu

You set all parameters relating to a patient's therapy and device configuration in the Settings menu.

The range of parameters in the Settings menu are expressed in cm H_2O , where 1cm H_2O is equal to 0.98 hPa. The units can be changed under Configuration.

Therapy

Parameter	Description	Me	ode	Range
		APAP	CPAP	
Mode	Sets the therapy mode available on the device.	✓	✓	
Min Pressure	Sets the lower limit of treatment pressure.	✓		4—Max cm H ₂ O (hPa), 0.2 cm H ₂ O (hPa) increments
Max Pressure	Sets the upper limit of treatment pressure.	✓		$\begin{array}{l} \mbox{Min-20 cm H}_2\mbox{O (Min-20 hPa),} \\ \mbox{0.2 cm H}_2\mbox{O (0.2 hPa)} \\ \mbox{increments} \end{array}$
Set Pressure	Sets the fixed treatment pressure.		✓	4 –20 cm H_2O (4–20 hPa), 0.2 cm H_2O (0.2 hPa) increments
Mask	Select the type of mask used by the patient. Refer to Mask Device Compatibility List on www.resmed.com.	✓	✓	Full Face / Nasal / Pillows

Comfort

Parameter	Description	Mo	ode	Range
		APAP	CPAP	
Ramp Time	Set the ramp time.	✓	✓	Off / 5–45 mins
Start Pressure	Set the start ramp pressure, which will then ramp up to either minimum pressure or set pressure.	✓	✓	4—Set pressure, 0.2 cm H ₂ 0 (0.2 hPa) increments
EPR	Enable / disable EPR.	✓	✓	On / Off
EPR Type	Available when EPR is enabled.	✓	✓	Full Time / Ramp Only
EPR Level	Set the EPR value.	✓	✓	1 / 2 / 3 cm H ₂ O (1 / 2 / 3 hPa)
Humidity Level	Set the humidity level.	✓	✓	Off / 1–8

Accessories

Parameter	Description	Range
Tube	Select the type of air tubing used by the patient.	SlimLine / Standard
AB filter	Select Yes if you attach an antibacterial filter.	No / Yes

Options

Parameter	Description	Range
Essentials	Set the level of access available to the patient.	On / Plus
Reminders		
Mask	Set a recurring reminder to the patient to replace the mask.	Off / 1– 24 mths, 1 month increments
Humidifier	Set a recurring reminder to the patient to replace the humidifier.	Off / 1–24 mths, 1 month increments
Tube	Set a recurring reminder to the patient to replace the air tubing.	Off / 1–24 mths, 1 month increments
Filter	Set a recurring reminder to the patient to replace the air filter.	Off / 1–24 mths, 1 month increments
Configurat	ion	
Parameter	Description	Selection
Language	Set the display language.	English / Français / Deutsch /
	(Not all languages available in all regions.)	Español / Português / 简体 中文 / 繁體中文
Date	Set the current date.	DD Mmm YYYY
	If you set a new date that occurs in the past then an error message is displayed. Before this change can be made, erase the compliance data available under the Configuration menu.	
Time	Set the current time.	24 hours
	If you set a new time that occurs in the past then an error message is displayed. Before this change can be made, erase the compliance data available under the Configuration menu.	
Press. Units	Set the unit of pressure in which pressure is displayed.	cm H ₂ O / hPa
Temp. Units	Set the temperature units.	°F/°C
Restore Defaults	Reset to default settings (except for language, date and time).	Yes / No
Erase Data	Erase all data stored on the device and the SD card. Settings, date, time and device run hours are not affected.	Yes / No
About	View Run Hours, SN, CX number and humidifier.	

Starting therapy

- 1. Direct the patient to fit their mask.
- 2. Direct the patient to press Start/Stop.

Therapy will begin and the Sleep Report screen is displayed.



The current treatment pressure is shown in the centre of the screen.

During ramp time the pressure is gradually increasing and you will see a spinning circle. Once the prescribed treatment pressure is reached, the entire circle will be solid.

The screen will go black automatically after a short period of time. You can press Home or the dial to turn it back on. If power is interrupted during therapy, the device will automatically restart therapy when power is restored.

Stopping therapy

- 1. Direct the patient to remove the mask.
- 2. Direct the patient to press Start/Stop.

The Sleep Report now provides a summary of the therapy session.

Viewing the Sleep Report

The Sleep Report screen shows sleep quality and mask seal status for the most recent therapy session. Turn the dial to scroll down to view more detailed usage data. The parameters displayed will depend on the therapy mode.







Sleep Report screen parameters

Parameter	Description
Usage hours	Number of hours the device has been used during the last session.
Events (AHI) per hour	Apnoeas and hypopneas measured per hour for one day. An apnoea is when the respiratory flow decreases by more than 75% for at least 10 sec. A hypopnea is when the respiratory flow decreases to 50% for at least 10 sec. The Apnoea Index (AI) and Apnoea-Hypopnea Index (AHI) are calculated by dividing the total number of events that occurred by the total mask-on therapy period in hours.
	Note: Under conditions of high leak with EPR enabled, AHI detection may not be optimal.
Mask Seal	Good—if the 70 th percentile leak is less than 24 L/min.
	Mask needs adjustment.
Humidifier	Humidifier attached and functional.
	Humidifier fault; refer to troubleshooting section.
Total used hrs	Indicates the total number of hours the device has been used since the patient commenced therapy.
More Info	
Period	Set the time interval covered by the Sleep Report.
	The options are: 1 Day / 1 Week / 1 Month / 3 Months / 6 Months / 1 Year
Days Used	Number of days the device has been used during the selected period or since the last compliance data was reset.
Days 4hrs+	Number of days the device has been used for more than 4 hours during the selected period or since the last compliance data was reset.
Avg. Usage	Average number of hours per day the device has been used during the selected period.
Used Hrs	Number of hours the device has been used during the selected period or since the last compliance data reset.
Pressure	Average pressure during the selected period (95th percentile for each day; average of the 95th percentile values for periods >1 day).
Leak	Average of the 95th percentile values of leak during the selected period for days with usage only.
AHI	Apnoea-Hypopnea Index—average AHI during the selected period. AHI and AI are calculated for times of low leak only.

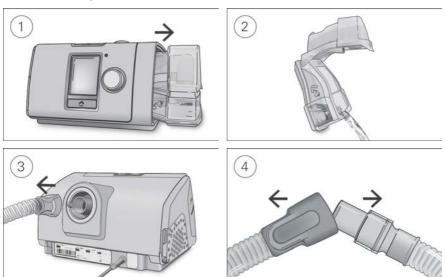
Cleaning and Maintenance

It is important that the AirStart 10 device is cleaned regularly to ensure optimal therapy. The following sections will help with disassembling, cleaning, checking and reassembling the device.

⚠ WARNING

Regularly clean the tubing assembly, humidifier and mask for optimal therapy and to prevent the growth of germs that can adversely affect the patient's health.

Disassembling



- 1. Hold the humidifier at the top and bottom, press it gently and pull it away from the device.
- 2. Open the humidifier and discard any remaining water.
- 3. Hold the cuff of the air tubing and gently pull it away from the device.
- 4. Hold both the cuff of the air tubing and the swivel of the mask, then gently pull apart.

Cleaning

You should clean the device weekly as described. Refer to the mask user guide for detailed instructions on cleaning the mask.

- 1. Wash the humidifier and air tubing in warm water using mild detergent.
- 2. Rinse the humidifier and air tubing thoroughly and allow to dry out of direct sunlight and/or heat.
- 3. Wipe the exterior of the device with a dry cloth.

Notes:

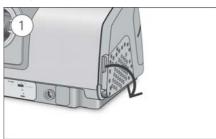
- The humidifier may be washed in a dishwasher on the delicate or glassware cycle (top shelf only).
 It should not be washed at temperatures higher than 65°C.
- Do not wash the air tubing in a dishwasher or washing machine.
- Empty the humidifier daily and wipe it thoroughly with a clean, disposable cloth. Allow to dry out
 of direct sunlight and/or heat.

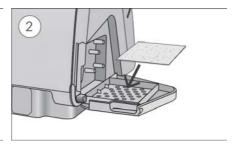
Checking

You should regularly check the humidifier, air tubing and the air filter for any damage.

- 1. Check the humidifier:
 - Replace it if it is leaking or has become cracked, cloudy or pitted.
 - Replace it if the seal is cracked or torn.
 - Remove any white powder deposits using a solution of one part household vinegar to 10 parts water.
- 2. Check the air tubing and replace it if there are any holes, tears or cracks.
- 3. Check the air filter and replace it at least every six months. Replace more often if there are any holes or blockages by dirt or dust.

To replace the air filter:





- Open the air filter cover and remove the old air filter.
 The air filter is not washable or reusable.
- 2. Place a new air filter onto the filter cover and then close it.

 Make sure the air filter is fitted at all times to prevent water and dust from entering the device.

Reassembling

When the humidifier and air tubing are dry, you can reassemble the parts.

- 1. Connect the air tubing firmly to the air outlet located on the rear of the device.
- 2. Open the humidifier and fill it with room temperature water up to the maximum water level mark.
- 3. Close the humidifier and insert it into the side of the device.
- 4. Connect the free end of the air tubing firmly onto the assembled mask.

Reprocessing

When the device is used for multiple patients, for example, in a sleep lab, clinic, hospital or at a health care provider, the cleanable humidifier, air outlet and air tubing should be reprocessed between each patient use.

If the cleanable humidifier or the air tubing are being used for a single user in the home, refer to the cleaning instructions in this guide or in the User Guide.

Described here are ResMed's recommended and validated procedures for cleaning and disinfecting the cleanable humidifier, air outlet and air tubing. However, the steps for disinfection vary regionally and each healthcare facility should consult its own procedures before carrying out those within this quide.

⚠ WARNING

- ResMed cannot give any assurance that deviations from the procedures listed in this guide, and their effect on the performance of the product, will be acceptable.
- When using detergents, disinfectants or sterilisation agents, always follow the manufacturer's instructions.
- Beware of electrocution. Do not immerse the device, power supply or power cord in water.
 If liquids are spilled into or onto the device, unplug the device and let the parts dry. Always
 unplug the device before cleaning and make sure that all parts are dry before plugging it
 back in.

Surface disinfection

- Wipe the exterior of the device including display, externally accessible ports, side cover, power supply unit and accessories with a disposable cloth and mild detergent or alcohol disinfectant (see list below).
- 2. Remove any excess disinfectant with a disposable dry cloth.

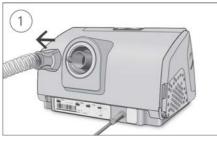
Agents recommended for surface disinfection and cleaning:

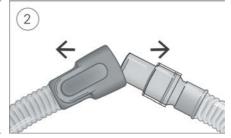
- Warm water and mild detergent eq. Teepol[™] multipurpose detergent
- · Window cleaner or other premixed surface detergent
- Methyl alcohol solution
- 70% Ethyl alcohol solution
- 70-90% Isopropanol solution
- 10% Bleach solution
- · Isopropyl wipes
- CaviCide™
- Mikrozid[®]
- Actichlor[™] Plus
- Terralin[®].

Note: Agents may not be available in all regions.

Reprocessing the air tubing and Air10 tubing elbow

Disconnecting





- 1. Hold the cuff of the air tubing and gently pull it away from the device.
- 2. Hold both the cuff of the air tubing and the swivel of the mask, then gently pull apart.

Decontaminating

Before the disinfection process, each component must be cleaned and rinsed so no visible contamination is present.

- 1. Clean all components with a soft bristled brush for one minute while soaking in detergent solution (see table below). Pay particular attention to all crevices and cavities.
- 2. Run the detergent solution through the air tubing repeatedly until no contamination is visible.
- 3. Thoroughly rinse each component according to the detergent manufacturer's instructions.

ResMed has tested the following detergents according to the manufacturer's instructions:

Detergent	Water temperature	SlimLine	Standard	Air 10 tubing elbow
Alconox™ (diluted at 1%)	Hot water (approx 60°C) Warm water (approx 45 to 60°C) Room temperature water (approx 21°C)	✓	✓	✓
Neodisher MediZym™ (diluted at 2.0%)	Warm water (approx 45°C)	✓	✓	
Gigazyme® (diluted at 1.0%)	Room temperature water (approx 21°C)			✓

Disinfecting

In the procedures below, only one disinfection process needs to be performed.

High level thermal disinfection

Part	Validated number of cycles	
	Hot water: 75°C for 30 minutes OR 70°C for 100 minutes.	
SlimLine	100	
Standard	20	
Air10 tubing elbow	26	

- 1. Immerse the air tubing in a water bath.

 Take care that no air bubbles are trapped inside the air tubing.
- 2. Increase the water bath temperature to 70°C for 100 minutes, or a maximum of 75°C for 30 minutes. Higher temperatures may damage the tubing.
- 3. Air dry out of direct sunlight and/or heat.

High level chemical disinfection

Part	Validated number of cycles	
	CIDEX® OPA Ortho-phthalaldehyde 0.55% for 12 minutes	Gigasept FF® 5% for 15 minutes
SlimLine	100	-
Standard	100	-
Air10 tubing elbow	26	26

- Soak the air tubing and the Air10 tubing elbow in a commercially available solution of a chemical sterilant.
 - Take care that no air bubbles are trapped inside the air tubing.
- 2. Thoroughly rinse the air tubing and Air10 tubing elbow in drinking quality water (five litres per assembly) by immersing it completely for a minimum of one minute in duration.
- 3. Repeat the rinse procedure two additional times using fresh water for a total of three rinses.
- 4. Air dry out of direct sunlight and/or heat.

Inspecting

Perform a visual inspection of the components. If any visible deterioration is apparent (holes, tears or cracks etc), the components should be discarded and replaced. Slight discoloration may occur and is acceptable.

Reconnecting the air tubing

When the air tubing is dry, you can reconnect it to the device.

- 1. Connect the air tubing firmly to the air outlet located on the rear of the device.
- 2. Connect the free end of the air tubing firmly onto the assembled mask.

Packaging and storage

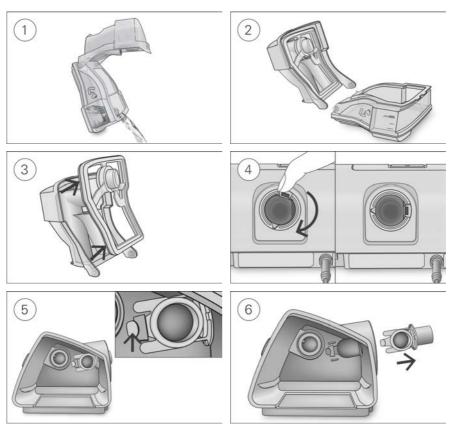
Store in a dry, dust-free environment away from direct sunlight.

Storage temperature: -20°C to 60°C.

Reprocessing the humidifier and air outlet

Disassembling

The following instructions provide guidance on how to correctly disassemble the cleanable humidifier and the air outlet.



- 1. Remove the humidifier from the device, open it and discard any remaining water.
- 2. Hold the humidifier base and then fully open the humidifier lid and pull it away so that it easily detaches from the base.
- 3. Remove the humidifier seal from the humidifier lid by pulling it away.
- 4. Locate the air outlet on the inside of the device.
- 5. Release the air outlet by pressing the clip located inside the device.
- 6. Remove the air outlet by pulling it out through the air outlet socket at the rear of the device.

Decontaminating

Before the disinfection process, each component must be cleaned and rinsed so no visible contamination is present.

- 1. Clean all components with a soft bristled brush for one minute while soaking in detergent solution (see table below). Pay particular attention to all crevices and cavities.
- 2. Thoroughly rinse each component according to the detergent manufacturer's instructions.

ResMed has tested the following detergents according to the manufacturer's instructions:

Detergent	Water temperature	Cleanable humidifier	Air outlet
Alconox (diluted at 1%)	Hot water (approx 60°C) Warm water (approx 45 to 60°C) Room temperature water (approx 21°C)	✓	✓
Gigazyme (diluted at 1.0%)	Room temperature water (approx 21°C)	✓	✓
Aniosyme DD1		✓	

Disinfecting

In the procedures below, only one disinfection process needs to be performed.

High level thermal disinfection

Part Validated number of cycles Hot water: 90°C for 1 minute OR 75°C for 30 minutes OR 70°C for 100 m	
	Due to specific regional requirements, ResMed cleanable humidifiers have been tested for disinfection (100 cycles) at 93°C for 10 minutes
Cleanable humidifier	130
Air outlet	130

- 1. Soak the disassembled components in a hot water bath at pasteurizing temperature. Take care that no air bubbles are trapped against the components.
- 2. Air dry out of direct sunlight and/or heat.

High level chemical disinfection

Part	Validated number of cycles	_
	CIDEX OPA Ortho-phthalaldehyde 0.55% for 12 minutes Gigasept FF 5% for 15 minutes	Anioxide
Cleanable humidifier	130	130
Air outlet	130	-

- 1. Soak the disassembled components in a commercially available solution of a chemical sterilant. Take care that no air bubbles are trapped against the components.
- 2. Thoroughly rinse the cleanable humidifier in drinking quality water (five litres per assembly) by immersing it completely for a minimum of one minute in duration.
- 3. Repeat the rinse procedure two additional times using fresh water for a total of three rinses.
- 4. Air dry out of direct sunlight and/or heat.

Sterilisation

ResMed has validated the following parts with Sterrad NX/100S:

Part	Validated number of cycles		
	Sterrad NX Standard and Advanced cycles	Sterrad 100S Short cycle	
Air Outlet	130	130	
Humidifier	130	-	

- 1. Sterilize the air outlet and humidifier using Sterrad by following the manufacturer's instructions.
- 2. Rinse and agitate the air outlet and humidifier in drinking quality water, 5 litres per component at 15°C-20°C for 1 minute.
- 3. Shake the air outlet and humidifier to remove excess water.
- 4. Allow the air outlet and humidifier to air dry out of direct sunlight.

Inspecting

Perform a visual inspection of all components. If any visible deterioration is apparent (cracking, crazing, tears, etc), the humidifier should be discarded and replaced. Slight discoloration of the silicone components may occur and is acceptable.

Packaging and storage

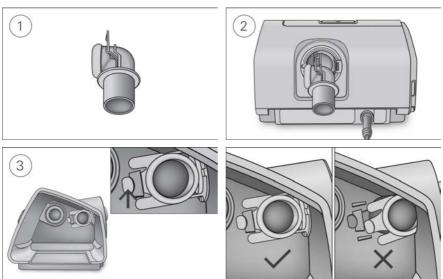
Store in a dry, dust-free environment away from direct sunlight.

Storage temperature: -20°C to 60°C.

Reassembling

The following instructions provide guidance on how to correctly reassemble the air outlet and the humidifier.

To reassemble the air outlet



- 1. Hold the air outlet with the seal pointing to the left and the clip pointing forward.
- 2. Make sure that the air outlet is correctly aligned and insert the air outlet into the socket. It will click in place.
- 3. Check if the air outlet is inserted correctly as shown.

To insert the humidifier seal:





- 1. Place the seal into the lid.
- 2. Press down along all edges of the seal until it is firmly in place.

To reassemble the humidifier lid:





- 1. Insert one side of the lid into the pivot hole of the base.
- 2. Slide the other side down the ridge until it clicks into place.

Data management and therapy compliance

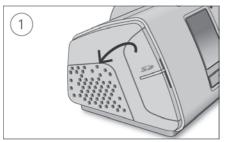
The AirStart 10 device stores patient summary data on the SD card. This data can be transferred via an SD Card Reader to ResMed's AirView™ patient management system.

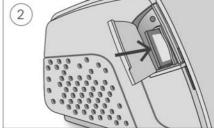
For more information on therapy management with AirView, refer to the manual supplied with the software.

SD card

Every AirStart 10 device comes with an SD card already inserted and ready to be used. Once the data is loaded into AirView via the SD Card Reader, you can review and analyse data, as well as update therapy settings and transfer them to the patient's device via the SD card.

To remove the SD card:





- 1. Open the SD card cover.
- 2. Push in the SD card to release it. Remove the SD card from the device.

Do not remove the SD card from the device when the SD light is flashing because data is being written to the card

To insert the SD card:

- 1. Open the SD card cover.
- Push the SD card into the device until it clicks.
 The following message is briefly displayed: Preparing SD card, do not remove power or your card.

Managing patient care

The following section has been provided to assist you with managing your patients' care.

Patient menu

In the patient menu there are two types of access levels, Essentials and Essentials Plus.

Essentials is designed to make the device interaction and menu navigation easier for patients. It is a simple choice for patients who do not want to worry about settings or menu navigation. It provides access to the most important comfort features such as Ramp Time and Humidity Level (if humidifier is used).

However, by enabling Essentials Plus you can allow highly engaged patients to access additional features for control over more of their therapy settings, such as changing the mask type or tube type.

Essentials Plus can be enabled via the Settings menu. For more information on the patient menu, see the User Guide.

Travelling

Patients can take their AirStart 10 device wherever they go. Advise patients of the following:

- Use the travel bag provided to prevent damage to the device.
- Empty the humidifier and pack it separately in the travel bag.
- Make sure the patient has the appropriate power cord for the region of travel. For information on purchasing, contact your ResMed representative.
- When using an external battery, turn off the humidifier in order to maximise battery life. Do this
 by turning the Humidity Level to Off.

Travelling by plane

The AirStart 10 device may be taken on board as carry-on luggage. Medical devices do not count toward the carry-on luggage limit.

The AirStart 10 device can be used on a plane as it meets the Federal Aviation Administration (FAA) requirements. Air travel compliance letters can be downloaded and printed from www.resmed.com.

↑ CAUTION

Do not use the device with water in the humidifier on a plane due to the risk of inhalation of water during turbulence.

Troubleshooting

If there is a problem, try the following suggestions. If you are not able to fix the problem, contact your local ResMed dealer or ResMed office. Do not open the device.

General troubleshooting

Air is leaking from around the mask Mask may be fitted incorrectly. Make sure the mask is fitted correctly. See mask user guide for fitting instructions. The patient is getting a dry or blocked nose Humidity level may be set too low. Adjust the Humidity Level. There are droplets of water in the mask and air tubing Humidity level may be set too high. Adjust the Humidity Level. The patient is getting a very dry mouth Air may be escaping through the patient's mouth. Increase the Humidity Level. The patient may need a chin strap to keep the mouth closed or a full face mask. The patient feels that too much air is being delivered from the device Ramp may be turned off. Use the Ramp Time option. The patient feels that not enough air is being delivered from the device Ramp start pressure may be too low. Increase Ramp start pressure to build up or turn Ramp Time off. Increase Ramp start pressure. No display Backlight on the screen may have turned off. It turns off automatically after a short period of time. Power may not be connected. Connect the power supply and make sure the plug is fully inserted. Therapy has stopped, but the device is still blowing air Device is cooling down. Device blows a small amount of air in order to avoid condensation in the air tubing. It will stop automatically after 30 minutes. Humidifier is leaking Humidifier may not be assembled correctly. Check for damage and reassemble the humidifier correctly.	Problem/possible cause	Solution
for fitting instructions. The patient is getting a dry or blocked nose Humidity level may be set too low. Adjust the Humidity Level. There are droplets of water in the mask and air tubing Humidity level may be set too high. Adjust the Humidity Level. The patient is getting a very dry mouth Air may be escaping through the patient's mouth. Increase the Humidity Level. The patient may need a chin strap to keep the mouth closed or a full face mask. The patient feels that too much air is being delivered from the device Ramp may be turned off. Use the Ramp Time option. The patient feels that not enough air is being delivered from the device Ramp may be in progress. Wait for air pressure to build up or turn Ramp Time off. Increase Ramp start pressure. No display Backlight on the screen may have turned off. It turns off automatically after a short period of time. Power may not be connected. Connect the power supply and make sure the plug is fully inserted. Therapy has stopped, but the device is still blowing air Device is cooling down. Device blows a small amount of air in order to avoid condensation in the air tubing. It will stop automatically after 30 minutes. Humidifier is leaking	Air is leaking from around the mask	
Humidity level may be set too low. There are droplets of water in the mask and air tubing Humidity level may be set too high. Adjust the Humidity Level. The patient is getting a very dry mouth Air may be escaping through the patient's mouth. Increase the Humidity Level. The patient may need a chin strap to keep the mouth closed or a full face mask. The patient feels that too much air is being delivered from the device Ramp may be turned off. Use the Ramp Time option. The patient feels that not enough air is being delivered from the device Ramp may be in progress. Wait for air pressure to build up or turn Ramp Time off. Increase Ramp start pressure. No display Backlight on the screen may have turned off. It turns off automatically after a short period of time. Power may not be connected. Connect the power supply and make sure the plug is fully inserted. Therapy has stopped, but the device is still blowing air Device is cooling down. Device blows a small amount of air in order to avoid condensation in the air tubing. It will stop automatically after 30 minutes. Humidifier is leaking	Mask may be fitted incorrectly.	
There are droplets of water in the mask and air tubing Humidity level may be set too high. The patient is getting a very dry mouth Air may be escaping through the patient's mouth. Increase the Humidity Level. The patient may need a chin strap to keep the mouth closed or a full face mask. The patient feels that too much air is being delivered from the device Ramp may be turned off. Use the Ramp Time option. The patient feels that not enough air is being delivered from the device Ramp may be in progress. Wait for air pressure to build up or turn Ramp Time off. Increase Ramp start pressure. No display Backlight on the screen may have turned off. It turns off automatically after a short period of time. Power may not be connected. Connect the power supply and make sure the plug is fully inserted. Therapy has stopped, but the device is still blowing air Device is cooling down. Device blows a small amount of air in order to avoid condensation in the air tubing. It will stop automatically after 30 minutes. Humidifier is leaking	The patient is getting a dry or blocked nose	
Humidity level may be set too high. Adjust the Humidity Level. The patient is getting a very dry mouth Air may be escaping through the patient's mouth. Increase the Humidity Level. The patient may need a chin strap to keep the mouth closed or a full face mask. The patient feels that too much air is being delivered from the device Ramp may be turned off. Use the Ramp Time option. The patient feels that not enough air is being delivered from the device Ramp may be in progress. Wait for air pressure to build up or turn Ramp Time off. Increase Ramp start pressure. No display Backlight on the screen may have turned off. It turns off automatically after a short period of time. Power may not be connected. Connect the power supply and make sure the plug is fully inserted. Therapy has stopped, but the device is still blowing air Device is cooling down. Device blows a small amount of air in order to avoid condensation in the air tubing. It will stop automatically after 30 minutes. Humidifier is leaking	Humidity level may be set too low.	Adjust the Humidity Level.
The patient is getting a very dry mouth Air may be escaping through the patient's mouth. Increase the Humidity Level. The patient may need a chin strap to keep the mouth closed or a full face mask. The patient feels that too much air is being delivered from the device Ramp may be turned off. Use the Ramp Time option. The patient feels that not enough air is being delivered from the device Ramp may be in progress. Wait for air pressure to build up or turn Ramp Time off. Increase Ramp start pressure. No display Backlight on the screen may have turned off. It turns off automatically after a short period of time. Power may not be connected. Connect the power supply and make sure the plug is fully inserted. Therapy has stopped, but the device is still blowing air Device is cooling down. Device blows a small amount of air in order to avoid condensation in the air tubing. It will stop automatically after 30 minutes. Humidifier is leaking	There are droplets of water in the mask and air tubing	
Air may be escaping through the patient's mouth. The patient may need a chin strap to keep the mouth closed or a full face mask. The patient feels that too much air is being delivered from the device Ramp may be turned off. Use the Ramp Time option. The patient feels that not enough air is being delivered from the device Ramp may be in progress. Wait for air pressure to build up or turn Ramp Time off. Ramp start pressure may be too low. Increase Ramp start pressure. No display Backlight on the screen may have turned off. It turns off automatically after a short period of time. Power may not be connected. Connect the power supply and make sure the plug is fully inserted. Therapy has stopped, but the device is still blowing air Device is cooling down. Device blows a small amount of air in order to avoid condensation in the air tubing. It will stop automatically after 30 minutes. Humidifier is leaking	Humidity level may be set too high.	Adjust the Humidity Level.
The patient may need a chin strap to keep the mouth closed or a full face mask. The patient feels that too much air is being delivered from the device Ramp may be turned off. Use the Ramp Time option. The patient feels that not enough air is being delivered from the device Ramp may be in progress. Wait for air pressure to build up or turn Ramp Time off. Ramp start pressure may be too low. Increase Ramp start pressure. No display Backlight on the screen may have turned off. It turns off automatically after a short period of time. Power may not be connected. Connect the power supply and make sure the plug is fully inserted. Therapy has stopped, but the device is still blowing air Device is cooling down. Device blows a small amount of air in order to avoid condensation in the air tubing. It will stop automatically after 30 minutes. Humidifier is leaking	The patient is getting a very dry mouth	
or a full face mask. The patient feels that too much air is being delivered from the device Ramp may be turned off. Use the Ramp Time option. The patient feels that not enough air is being delivered from the device Ramp may be in progress. Wait for air pressure to build up or turn Ramp Time off. Increase Ramp start pressure. No display Backlight on the screen may have turned off. It turns off automatically after a short period of time. Power may not be connected. Connect the power supply and make sure the plug is fully inserted. Therapy has stopped, but the device is still blowing air Device is cooling down. Device blows a small amount of air in order to avoid condensation in the air tubing. It will stop automatically after 30 minutes.	Air may be escaping through the patient's mouth.	Increase the Humidity Level.
Ramp may be turned off. The patient feels that not enough air is being delivered from the device Ramp may be in progress. Ramp start pressure may be too low. No display Backlight on the screen may have turned off. It turns off automatically after a short period of time. Power may not be connected. Connect the power supply and make sure the plug is fully inserted. Therapy has stopped, but the device is still blowing air Device is cooling down. Device blows a small amount of air in order to avoid condensation in the air tubing. It will stop automatically after 30 minutes. Humidifier is leaking		
The patient feels that not enough air is being delivered from the device Ramp may be in progress. Ramp start pressure may be too low. No display Backlight on the screen may have turned off. It turns off automatically after a short period of time. Power may not be connected. Connect the power supply and make sure the plug is fully inserted. Therapy has stopped, but the device is still blowing air Device is cooling down. Device blows a small amount of air in order to avoid condensation in the air tubing. It will stop automatically after 30 minutes. Humidifier is leaking	The patient feels that too much air is being delivered f	rom the device
Ramp may be in progress. Ramp start pressure may be too low. No display Backlight on the screen may have turned off. It turns off automatically after a short period of time. Power may not be connected. Connect the power supply and make sure the plug is fully inserted. Therapy has stopped, but the device is still blowing air Device is cooling down. Device blows a small amount of air in order to avoid condensation in the air tubing. It will stop automatically after 30 minutes. Humidifier is leaking	Ramp may be turned off.	Use the Ramp Time option.
Ramp start pressure may be too low. No display Backlight on the screen may have turned off. It turns off automatically after a short period of time. Power may not be connected. Connect the power supply and make sure the plug is fully inserted. Therapy has stopped, but the device is still blowing air Device is cooling down. Device blows a small amount of air in order to avoid condensation in the air tubing. It will stop automatically after 30 minutes. Humidifier is leaking	The patient feels that not enough air is being delivered	from the device
No display Backlight on the screen may have turned off. It turns off automatically after a short period of time. Power may not be connected. Connect the power supply and make sure the plug is fully inserted. Therapy has stopped, but the device is still blowing air Device is cooling down. Device blows a small amount of air in order to avoid condensation in the air tubing. It will stop automatically after 30 minutes. Humidifier is leaking	Ramp may be in progress.	Wait for air pressure to build up or turn Ramp Time off.
Backlight on the screen may have turned off. It turns off automatically after a short period of time. Power may not be connected. Connect the power supply and make sure the plug is fully inserted. Therapy has stopped, but the device is still blowing air Device is cooling down. Device blows a small amount of air in order to avoid condensation in the air tubing. It will stop automatically after 30 minutes. Humidifier is leaking	Ramp start pressure may be too low.	Increase Ramp start pressure.
automatically after a short period of time. Power may not be connected. Connect the power supply and make sure the plug is fully inserted. Therapy has stopped, but the device is still blowing air Device is cooling down. Device blows a small amount of air in order to avoid condensation in the air tubing. It will stop automatically after 30 minutes. Humidifier is leaking	No display	
inserted. Therapy has stopped, but the device is still blowing air Device is cooling down. Device blows a small amount of air in order to avoid condensation in the air tubing. It will stop automatically after 30 minutes. Humidifier is leaking		Press Home or the dial to turn it back on.
Device is cooling down. Device blows a small amount of air in order to avoid condensation in the air tubing. It will stop automatically after 30 minutes. Humidifier is leaking	Power may not be connected.	
condensation in the air tubing. It will stop automatically after 30 minutes. Humidifier is leaking	Therapy has stopped, but the device is still blowing air	
•	Device is cooling down.	condensation in the air tubing. It will stop automatically after
Humidifier may not be assembled correctly. Check for damage and reassemble the humidifier correctly.	Humidifier is leaking	
	Humidifier may not be assembled correctly.	Check for damage and reassemble the humidifier correctly.
Humidifier may be damaged or cracked. Replace the humidifier.	Humidifier may be damaged or cracked.	Replace the humidifier.

Device messages

Device message/possible cause	Solution
High leak detected, check your water tub, tub seal or	side cover
Humidifier may not be inserted properly.	Make sure the humidifier is correctly inserted.
Humidifier seal may not be inserted properly.	Open the humidifier and make sure that the seal is correctly inserted.
High leak detected, connect your tubing	
Air tubing may not be connected properly.	Make sure the air tubing is firmly connected at both ends.
Mask may be fitted incorrectly.	Make sure the mask is fitted correctly. See mask user guide for fitting instructions.
Tubing blocked, check your tubing	
Air tubing may be blocked.	Check the air tubing and remove any blockages. Press Home or the dial to clear the message and then press Start/Stop to restart the device.
Read only card, please remove, unlock and re-insert S	SD card
SD card switch may be in the lock (read-only) position.	Move the switch on the SD Card from the lock position for the unlock position and then re-insert it.
Date and time can not be set in the past	
Date and time were not set before data was recorded.	Select Erase Data in Settings . Once the data is erased, set the correct local date and time.
System fault, refer to user guide, Error 004	
Device may have been left in a hot environment.	Allow to cool before re-use. Disconnect the power supply and then reconnect it to restart the device.
Air filter may be blocked.	Check the air filter and replace it if there are any blockages. Disconnect the power supply and then reconnect it to restart the device.
Air tubing may be blocked.	Check the air tubing and remove any blockages. Press the dial to clear the message and then press Start/Stop to restart the device.
There may be water in the air tubing.	Empty the water from the air tubing. Disconnect the power supply and then reconnect it to restart the device.
All other error messages, for example, System fault, re	efer to user guide, Error OXX
An unrecoverable error has occurred on the device.	Contact your local ResMed dealer or ResMed office. Do not open the device.

General warnings and cautions

⚠ WARNING

- Make sure that you arrange the air tubing so that it will not twist around the head or neck.
- Make sure the power cord and plug are in good condition and the equipment is not damaged.
- Keep the power cord away from hot surfaces.
- If you notice any unexplained changes in the performance of the device, if it is making
 unusual sounds, if the device or the power supply are dropped or mishandled, or if the
 enclosure is broken, discontinue use and contact your care provider or your ResMed
 Service Center.
- Do not open or modify the device. There are no user serviceable parts inside. Repairs and servicing should only be performed by an authorised ResMed service agent.
- Beware of electrocution. Do not immerse the device, power supply or power cord in water.
 If liquids are spilled into or onto the device, unplug the device and let the parts dry. Always
 unplug the device before cleaning and make sure that all parts are dry before plugging it
 back in.
- Supplemental oxygen must not be used while smoking or in the presence of an open flame.
- Always make sure that the device is turned on and airflow generated before the oxygen supply is turned on. Always turn the oxygen supply off before the device is turned off, so that unused oxygen does not accumulate within the device enclosure and create a risk of fire.
- Do not perform any maintenance tasks while the device is in operation.
- The device should not be used adjacent to or stacked with other equipment. If adjacent or stacked use is necessary, the device should be observed to verify normal operation in the configuration in which it will be used.
- The use of accessories other than those specified for the device is not recommended. They may result in increased emissions or decreased immunity of the device.
- Regularly check the antibacterial filter for signs of moisture or other contaminants, particularly during nebulization or humidification. Failure to do so could result in increased breathing system resistance.
- Proper placement and positioning of the patient interface is critical to the consistent operation of this equipment.

CAUTION

- Use only ResMed parts and accessories with the device. Non-ResMed parts may reduce the effectiveness of the treatment and/or damage the device.
- Use only vented masks recommended by ResMed or by the prescribing doctor with this
 device. Fitting the mask without the device blowing air can result in rebreathing of exhaled
 air. Make sure that the mask vent holes are kept clear and unblocked to maintain the flow
 of the fresh air into the mask.
- Be careful not to place the device where it can be bumped or where someone is likely to trip over the power cord.
- Blocking the air tubing and/or air inlet of the device while in operation could lead to overheating of the device.
- Keep the area around the device dry, clean and clear of anything (eg, clothes or bedding) that could block the air inlet or cover the power supply unit.
- Do not place the device on its side as water might get into the device.

- Incorrect system setup may result in incorrect mask pressure reading. Ensure the system is correctly set up.
- Do not use bleach, chlorine, alcohol, or aromatic-based solutions, moisturising or antibacterial soaps or scented oils to clean the device, the humidifier or air tubing. These solutions may cause damage or affect the humidifier performance and reduce the life of the products.
- If you use the humidifier, always place the device on a level surface lower than the patient's head to prevent the mask and air tubing from filling with water.
- Do not overfill the humidifier as water may enter the device and air tubing.
- Leave the humidifier to cool for ten minutes before handling to allow the water to cool and to make sure that the humidifier is not too hot to touch.
- Make sure that the humidifier is empty before transporting the device.

Technical specifications

Units are expressed in cm H₂O and hPa. 1 cm H₂O is equal to 0.98 hPa.

90W power supply unit

AC input range: 100–240V, 50–60Hz 1.0–1.5A, Class II

115V, 400Hz 1.5A, Class II (nominal for aircraft use)

DC output: 24V _____ 3.75A

Typical power consumption: 53W (57VA)
Peak power consumption: 104W (108VA)

Environmental conditions

Operating altitude:

Operating temperature: +5°C to +35°C

Note: The air flow for breathing produced by this therapy device can be higher than the temperature of the room. Under extreme ambient temperature conditions (40°C) the

device remains safe.

Operating humidity: 10 to 95% relative humidity, non-condensing

Sea level to 2,591 m; air pressure range 1013 hPa to

738 hPa

Storage and transport temperature: -20°C to $+60^{\circ}\text{C}$

Storage and transport humidity: 5 to 95% relative humidity, non-condensing

Electromagnetic compatibility

The AirStart 10 complies with all applicable electromagnetic compatibility requirements (EMC) according to IEC60601-1-2:2014, for residential, commercial and light industry environments. It is recommended that mobile communication devices are kept at least 1 m away from the device.

Information regarding the electromagnetic emissions and immunity of this ResMed device can be found on www.resmed.com/downloads/devices.

Classification: IEC 60601-1:2005/A1:2012

Class II (double insulation), Type BF, Ingress protection IP22.

Sensors

Pressure sensor: Internally located at device outlet, analogue gauge pressure

type, 0 to 40 cm H₂O (0 to 40 hPa)

Flow sensor: Internally located at device inlet, digital mass flow type,

-70 to +180 L/min

Maximum single fault steady pressure

Device will shut down in the presence of a single fault if the steady state pressure exceeds:

30 cm H₂O (30 hPa) for more than 6 sec or 40 cm H₂O (40 hPa) for more than 1 sec.

Sound

Pressure level measured according to ISO 80601-2-70:2015 (CPAP mode):

SlimLine: 25 dBA with uncertainty of 2 dBA
Standard: 25 dBA with uncertainty of 2 dBA
SlimLine or Standard and humidification: 27 dBA with uncertainty of 2 dBA

Power level measured according to ISO 80601-2-70:2015 (CPAP mode):

SlimLine: 33 dBA with uncertainty of 2 dBA Standard: 33 dBA with uncertainty of 2 dBA SlimLine or Standard and humidification: 35 dBA with uncertainty of 2 dBA

Declared dual-number noise emission values in accordance with ISO 4871:1996.

Physical - device and humidifier	
Dimensions (H x W x D):	116 mm x 255 mm x 150 mm
Air outlet (complies with ISO 5356-1:2015):	22 mm
Weight (device and cleanable humidifier):	1208 g
Housing construction:	Flame retardant engineering thermoplastic
Water capacity:	To maximum fill line 380 mL
Cleanable humidifier - material:	Injection moulded plastic, stainless steel and silicone seal
Temperature	
Maximum heater plate:	68°C
Cut-out:	74°C
Maximum gas temperature:	≤ 41°C
Air filter	
Standard:	Material: Polyester non woven fibre
	Average arrestance: >75% for ~7 micron dust
Hypoallergenic:	Material: Acrylic and polypropylene fibres in a polypropylene
	carrier Efficiency: >98% for ~7-8 micron dust; >80% for ~0.5 micror
	dust
	Note: The use of a ResMed approved hypoallergenic filters
	will result in a small reduction in the accuracy of the
	delivered pressure at high leaks.
Aircraft use ResMed confirms that device meets the Federal A category M) for all phases of air travel. Operating pressure range APAP, CPAP:	aviation Administration (FAA) requirements (RTCA/D0-160, section 21, $4 \text{ to } 20 \text{ cm H}_2\text{O} \text{ (4 to } 20 \text{ hPa)}$
Supplemental oxygen	
Maximum flow:	4 L/min
Pneumatic flow path	
1 2 3 4	1. Flow sensor
	2. Blower
	3. Pressure sensor
→	4. Mask
-	5. Air tubing
	6. Humidifier
8 7 6 5	7. Device
	8. Inlet filter
Design life	
Device, power supply unit:	5 years

2.5 years

6 months

Cleanable humidifier:
Air tubing:

Humidifier performance

Mask Pressure cm H ₂ O (hPa)	RH output % at 17°C ambient temperature	RH output % at 22°C ambient temperature	Nominal system o	utput AH ¹ , BTPS ²
	Setting 4	Setting 8	Setting 4	Setting 8
4	85	100	6	>10
10	85	100	6	>10
20	85	90	6	>10

¹ AH - Absolute Humidity in mg/L

Air tubing

Air tubing	Material	Length	Inner diameter
SlimLine	Flexible plastic	1.8 m	15 mm
Standard	Flexible plastic	2 m	19 mm

Notes:

- The manufacturer reserves the right to change these specifications without notice.
- . Do not use electrically conductive or antistatic air tubing.
- The temperature and relative humidity settings displayed are not measured values.

Displayed values

Value	Range	Display resolution
Pressure sensor at air outlet:		
Mask pressure	4-20 cm H ₂ O (4-20 hPa)	0.1 cm H ₂ O (0.1 hPa)
Flow derived values:		
Leak	0-120 L/min	1 L/min
Value	Accuracy	
Pressure measurement ¹ :		
Mask pressure ²	\pm [0.5 cm H ₂ 0 (0.5 hPa) + 4% of measured value]	
Flow and flow derived values ¹ :		
Flow	±6 L/min or 10% of reading, whichever is greater, at 0 to 150 L/min positive flow	
Leak ²	±12 L/min or 20% of reading, whichever is greater, 0 to 60 L/min	

¹ Results are expressed at STPD (Standard Temperature and Pressure, Dry)

Measurement system uncertainties

In accordance with ISO 80601-2-70:2015 the measurement uncertainty of the manufacturer's test equipment is:

For measures of flow	± 1.5 L/min or ± 2.7% of reading (whichever is greater)
For measures of volume (< 100 mL)	± 5 mL or 6% of reading (whichever is greater)
For measures of volume (≥ 100 mL)	± 20 mL or 3% of reading (whichever is greater)
For measures of static pressure	± 0.15 cm H_2O (hPa)
For measures of dynamic pressure	$\pm 0.27 \text{ cm H}_2\text{O} \text{ (hPa)}$
For measures of time	± 10 ms

Note: ISO 80601-2-70:2015 stated accuracies and test results provided in this manual for these items already include the relevant measurement uncertainty from the table above.

² BTPS - Body Temperature Pressure Saturated

² Accuracy may be reduced by the presence of leaks and supplemental oxygen.

Pressure accuracy

Maximum static pressure variation at 10 cm H ₂ O (10 hPa) according to ISO 80601-2-70:2015				
	Standard air tubing		SlimLine air tubing	
Without humidification	\pm 0.5 cm H ₂ O (\pm 0.5 h	Pa)	$\pm 0.5 \text{ cm H}_2\text{O (± 0.5 hPa)}$	
With humidification	\pm 0.5 cm H ₂ O (\pm 0.5 h	Pa)	± 0.5 cm H ₂ O (± 0.5 hPa)	
Maximum dynamic pressur	e variation according	to ISO 80601-2-70:201	5	
Device without humidification	and Standard air tubing	/ Device with humidifie	cation and Standard air tubing	
Pressure [cm H ₂ O (hPa)]	10 BPM	15 BPM	20 BPM	
4	0.5 / 0.5	0.5 / 0.5	0.8 / 0.8	
8	0.5 / 0.5	0.5 / 0.5	0.8 / 0.8	
12	0.5 / 0.5	0.5 / 0.5	0.8 / 0.8	
16	0.5 / 0.5	0.5 / 0.5	0.8 / 0.8	
20	0.5 / 0.5	0.5 / 0.5	0.8 / 0.8	
Device without humidification	and SlimLine air tubing	/ Device with humidific	cation and SlimLine air tubing	
Pressure [cm H ₂ O (hPa)]	10 BPM	15 BPM	20 BPM	
4	0.5 / 0.5	0.5 / 0.5	0.8 / 0.8	
8	0.5 / 0.5	0.5 / 0.5	0.8 / 0.8	
12	0.5 / 0.5	0.5 / 0.5	0.8 / 0.8	
16	0.5 / 0.5	0.5 / 0.5	0.8 / 0.8	
20	0.5 / 0.5	0.5 / 0.5	0.8 / 0.8	

Flow (maximum) at set pressures

The following are measured accordingly to ISO 80601-2-70:2015 at the end of the specified air tubing:

Pressure	AirStart 10 and Standard	AirStart 10, humidification and Standard	AirStart 10 and SlimLine
cm H ₂ O (hPa)	L/min	L/min	L/min
4	180	143	162
8	168	135	151
12	157	136	140
16	144	134	128
20	131	123	117

Symbols

The following symbols may appear on the product or packaging.

🔇 Read instructions before use. 🛆 Indicates a warning or caution. 📖 Follow instructions before
use. Manufacturer. EC REP European Authorised Representative. LOT Batch code.
REF Catalogue number. SN Serial number. DN Device number. On / Off. Device
weight. IP22 Protected against finger sized objects and against dripping water when tilted up to
15 degrees from specified orientation Direct current. 🖈 Type BF applied part. 🔲 Class
II equipment. 🔎 Humidity limitation. 🎷 Temperature limitation. 😉 Contains no China
environmental hazardous substances 🎟 🕮 10/20 years of China environmental protection use
period. Rx Only Prescription only (In the US, Federal law restricts these devices to sale by or on
the order of a physician). MAX Maximum water level. Use distilled water only.

© Operating altitude. Complies with RTCA DO-160 section 21, category M.



Environmental information

This device should be disposed of separately, not as unsorted municipal waste. To dispose of your device, you should use appropriate collection, reuse and recycling systems available in your region. The use of these collection, reuse and recycling systems is designed to reduce pressure on natural resources and prevent hazardous substances from damaging the environment.

If you need information on these disposal systems, please contact your local waste administration. The crossed-bin symbol invites you to use these disposal systems. If you require information on collection and disposal of your ResMed device please contact your ResMed office, local distributor or go to ResMed.com/environment.

Servicing

The AirStart 10 device is intended to provide safe and reliable operation when operated in accordance with the instructions provided by ResMed. ResMed recommends that the AirStart 10 device be inspected and serviced by an authorised ResMed Service Centre if there is any sign of wear or concern with device function. Otherwise, service and inspection of the products generally should not be required during their design life.

Limited warranty

ResMed Ltd (hereafter 'ResMed') warrants that your ResMed product shall be free from defects in material and workmanship from the date of purchase for the period specified below.

Product	Warranty period
Mask systems (including mask frame, cushion, headgear and tubing)—excluding single-use devices	90 days
Accessories—excluding single-use devices	
Flex-type finger pulse sensors	
Humidifier water tubs	
Batteries for use in ResMed internal and external battery systems	6 months
Clip-type finger pulse sensors	1 year
CPAP and bilevel device data modules	
Oximeters and CPAP and bilevel device oximeter adapters	
Humidifiers and humidifier cleanable water tubs	
Titration control devices	
CPAP, bilevel and ventilation devices (including external power supply units)	2 years
Battery accessories	
Portable diagnostic/screening devices	

This warranty is only available to the initial consumer. It is not transferable.

If the product fails under conditions of normal use, ResMed will repair or replace, at its option, the defective product or any of its components.

This Limited Warranty does not cover: a) any damage caused as a result of improper use, abuse,

14/------

modification or alteration of the product; b) repairs carried out by any service organisation that has not been expressly authorised by ResMed to perform such repairs; c) any damage or contamination due to cigarette, pipe, cigar or other smoke; and d) any damage caused by water being spilled on or into an electronic device.

Warranty is void on product sold, or resold, outside the region of original purchase.

Warranty claims on defective product must be made by the initial consumer at the point of purchase.

This warranty replaces all other expressed or implied warranties, including any implied warranty of merchantability or fitness for a particular purpose. Some regions or states do not allow limitations on how long an implied warranty lasts, so the above limitation may not apply to you.

ResMed shall not be responsible for any incidental or consequential damages claimed to have resulted from the sale, installation or use of any ResMed product. Some regions or states do not allow the exclusion or limitation of incidental or consequential damages, so the above limitation may not apply to you.

This warranty gives you specific legal rights, and you may also have other rights which vary from region to region. For further information on your warranty rights, contact your local ResMed dealer or ResMed office.





ResMed Ltd

1 Elizabeth Macarthur Drive MANUFACTURER Bella Vista NSW 2153 Australia

See ResMed.com for other ResMed locations worldwide. Air10, AirStart, AirView, EPR, HumidAir and SlimLine are trademarks and/or registered trademarks of the ResMed family of companies. For patent and other intellectual property information, see ResMed.com/ip. Actichlor is a trademark of Ecolab US Inc. Alconox is a trademark of Alconox Inc. Cavicide is a registered trademark of Metrex Research, LLC. CIDEX is a registered trademark of Advanced Sterilization Products, Division of Ethicon US, LLC. Mikrozid and Terralin are trademarks of Schülke & Mayr GmbH. Neodisher MediZym is a trademark of Chemische Fabrik Dr Weigert GmbH & Co. KG. Sterrad is a trademark of Johnson & Johnson. SD Logo is a trademark of SD-3C, LLC. Teepol is a trademark of Shell Chemical Co. © 2019 ResMed Ltd. 378919/1 2019-09